

Ngāti Toa School

Pānui Wiki 4,
Wāhanga Tuatoru 2026



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Kia orana kōtou katoatoa,

This week we proudly celebrated Te Epetoma o te reo Māori Kūki Āirani/ Cook Islands Language Week at our kura, taking the opportunity to learn more about the language, culture, and traditions of the Cook Islands. Throughout the week our tamariki enjoyed a range of learning experiences and were encouraged to embrace and celebrate the rich diversity within our kura and wider community.

Kia orana is a beautiful Cook Islands Māori greeting that means much more than just "hello." It is a wish for a person to have a long and fulfilling life, to shine like the sun, and to live well.

E meitaki ma'ata ia kōtou for sharing their culture with us and helping to enrich the learning of all our taura.

Staff Only Day – A reminder that next Friday, 21st August, school will be closed for our Staff Only Day. This is a day for our staff to dig deep into the new curriculum so that we can better support our tamariki.

Tongan Language Week – A reminder that next week we are acknowledging Tongan Language Week. We will have a whānau sharing assembly at 12pm on Thursday.



Our Awesome MCs, sharing their culture and Cook Islands pride with our kura



Cowley Construction - As many of you may have seen, Cowley Construction is running a competition offering \$7,000 worth of labour and building materials to a deserving kura as their way of giving back to the community.

Back in **Term 2**, they asked whānau to nominate their kura. The kura with the most support were then narrowed down to a smaller group to move through to **Round 2**.

Thanks to the amazing support from our whānau and community, our kura made it through! 🎉

Now we need your help again — we need you to vote!

Simply scan the QR code and sign in to cast your vote. You'll be taken to another page where you'll be asked to enter information about a building project our kura could benefit from.

We have several projects that would make a real difference, so you could choose one of the following:

- **Construction of additional shaded/rain-covered outdoor shelter spaces**
- **Playground maintenance and improvements**
- **Fence maintenance and repairs**

Every vote helps, so please get behind our kura and encourage your whānau and friends to vote too.

Let's see if we can bring \$7,000 worth of building support back to our kura! 🙌

Health consultation - This week whānau will be emailed a link to our health consultation doc, this is an opportunity for whānau to share their whakaaro/thoughts on our health programmes and delivery in schools. A physical copy has also been sent home with whānau and can be dropped into a box in the office area.

Powering Potential - Awatoa and Ngā Kete Aronui

This week, some of our Year 7 and 8 tauira had the amazing opportunity to spend time with the team from Awatoa as part of an awesome kaupapa called Powering Potential. This is a kaupapa about curiosity, innovation and leadership that already exists within our rangatahi, giving them opportunities to explore their ideas, grow their confidence and see the potential they hold. Our tauira came back absolutely buzzing, inspired and full of great new ideas! A huge mihi to Maria Dunlop, the Rūnanga team, and everyone involved.

Whakatakoto Rautaki/Strategic planning -

A panui has come home with your tamariki this week. If you can spare a few minutes to have a look and share your whakaaro/thoughts, your moemoeā/aspirations for our kura and your tamariki for the next 2 years this would be greatly appreciated.

Parent & Whānau Survey -
Shaping our Schools Future



Dates to remember:

18 Akuhata

Move n Groove

20 Akuhata

Tongan Language week
Sharing assembly 12pm

21 Akuhata

Staff only day - School
closed for instruction

26 Akuhata

Rippa Rugby Tournament

28 Akuhata

Wear Yellow
for Daffodil day

2 Hepetema

Tūrama/Whakawhetū
Whirinaki Whare Toanga
haerenga

8 Hepetema

3x3 Bball tournament

10 Hepetema

Gold coin NTS onesie day
Wellington Free Ambo

Wiki 8

Mauri Ora plan
whānau hui evenings

18 Hepetema

Te Reo Māori Language
week Celebration hui

24 Hepetema

Robbie Fruean Shield

25 Hepetema

Last day of Term 3, 3pm

Te Epetoma o te reo Kūki 'Āirani @ Ngāti Toa School 2026



Ngā Pānui o te Hāpori / Community Notices

Health New Zealand
Te Whatu Ora

ECC | Kōhanga | School

Winter Wellness Staying well in cooler weather

Cooler weather means more people are likely to get sick with colds, flu, and other respiratory illnesses, such as whooping cough. This increases the risk of these illnesses being brought into your home, workplace, Early Childhood Centre, kōhanga or kura/school.

Use the following messages and actions now to prepare. We recommend sharing this information with staff, whānau and communities by email, social media or notice boards.

Messages for staff and whānau



Anyone working or living with tamariki should get a flu vaccine to protect them and tamariki against infection as tamariki are at a higher risk of catching the flu and of passing it on to others.



Whooping cough vaccines are free for pregnant women, all children under 18 years old and adults from 45 and 65 years. If you are not eligible for a free whooping cough vaccine, they can be purchased.



In general, a doctor's certificate or clearance should not have to be provided for a child to go back to their early learning service/education facility/school after being unwell.



Disease outbreaks

While it is common to see an increase in illness during winter, to report an outbreak, or if you have any questions or concerns, contact your local Public Health service: [Notify NPHS – Central | Te Ikaranga region | Health Professionals](#). You can also contact the Greater Wellington Public Health team via your local public health nurse or email: rph@huttvalley.org.nz

We also have advice on our website about keeping your centre healthy: [Disease prevention for early learning services | Health Professionals](#)

This includes:

- how to limit spread of viruses and bacteria
- how to recognise an outbreak – and actions to take
- resources for ECCs including posters and guidelines.



Prevent the spread of illness



Remind everyone that sick tamariki or staff should stay at home.



Ask whānau to let you know the reason for their tamariki being absent.



Encourage people to wash hands, cover coughs and sneezes.



Good ventilation is an important way to reduce the transmission of respiratory viruses in indoor spaces where people gather and spend time.



Regular cleaning of high touch surfaces e.g. door handles, counter tops, bathroom areas.

National Public Health Service, Greater Wellington Region | Winter Wellness – ECC, Kōhanga, School

Aug 2026



TITAHİ BAY COMMUNITY

BASKETBALL

LEAGUE 5X5

TITAHİ BAY SCHOOL
11 KURA STREET

STARTING
TERM 4 WEEK 1 (12TH OCT)

3:30pm - 6:30pm
YEAR 6 MON
YEAR 7/8 MON/WED
YEAR 5 WED
YEAR 4 THU
YEAR 2/3 FRI

FOR MORE INFORMATION & REGISTRATIONS
PPPSADIRECTOR@GMAIL.COM



Vaccines to protect against illness

Increasing our immunisation coverage is the best way to protect our communities from illnesses this winter.

Check you are up-to-date with your immunisations at healthnz.govt.nz/immunisations. If you have missed a vaccination, it's okay. It's free for tamariki to catch up on most vaccinations, and adults can catch up on lots too. Talk to your healthcare provider to make a plan.

You can also create a free, personalised routine immunisation schedule for your child at: healthnz.govt.nz/health-topics/immunisations/national-immunisation-schedule

Influenza: The flu vaccine is available from 1 April every year. It is free for people who are pregnant, 65 and over, and people at higher risk of getting very sick. Check if you are eligible at: healthnz.govt.nz/flu-vaccine

Whooping cough: Whooping cough (pertussis) is a highly contagious respiratory disease that is particularly dangerous for babies who have not been fully immunised. Immunisation during pregnancy is the best way to protect the baby until they can start their own immunisations at 6 weeks of age. Aotearoa is experiencing a whooping cough epidemic, so now is a good time to get vaccinated.

Measles: New Zealand is at very high risk of a measles outbreak, due to our low immunisation rates and ongoing measles outbreaks overseas. If you are unsure if you are fully immunised it's free for most people to catch up, just contact your usual healthcare provider. Lots of pharmacies also now offer immunisations too.

For more information visit: healthnz.govt.nz/health-topics/immunisations



Influenza (flu)

It is recommended that everyone over 6 months of age gets an annual flu vaccine.



Bexsero (Meningococcal)

The meningococcal B (MenB) vaccine is offered at 3 months, 5 months, and 12 months old. Under 5s can also get the MenB vaccine for free.



Measles

All tamariki need two doses of MMR at 12 and 15 months. If you're not sure if your tamariki has had theirs just ask your usual healthcare provider.



Whooping cough

Pēpē and tamariki should get their vaccine doses at 6 weeks, 3 months, and 5 months. Booster doses are offered at 4 and 11 years old.



Preventing house fires



Winter is a higher-risk time for house fires. Over the last 10 years, there have been approximately 54 percent more house fires

between May and July than during the rest of the year.

Many of these fires are linked to heating being used more often in winter – for example, heaters placed too close to things that can burn (like clothes being dried), or simply faulty electric blankets.

In addition, more than 50 percent of avoidable house fire deaths are people over 65. So, this winter, here are a few very simple steps you can take to keep yourself and your loved ones safe.

Just remember to:

- **Follow the "metre from the heater" rule** – keep at least one metre of clear space around heaters and other heat sources.
- **Check the heat before you sleep** – check your electric blanket for hot spots before first use.
- **Chimney alright before first light?** – get your chimney cleaned before the first fire of the season.
- **Cool ash before you stash** – soak with water in a metal bucket.
- **A clean dryer avoids fire** – remove lint before every use.

It is also important that people have working smoke alarms in every bedroom, living room and hallway. This will give you the earliest possible warning to escape.



Visiting an after hours or urgent care clinic

When you need urgent medical help, and your usual doctor isn't available or you don't have one, After Hours Medical Centres and Urgent Care Clinics can help you. You don't need an appointment, but you might have to wait. For tamariki under 14 years old, services are usually free. Many have lower fees for community service card holders. You can find where centres are located, and their charges, on the [Healthpoint](#) website.

In an emergency, always call 111.

Need more help?

You can call Healthline for free, 24 hours a day, 7 days a week on 0800 611 118. Talk to your General Practitioner (GP), pharmacist, hauora Māori provider, or Pacific health clinic.

National Public Health Service, Greater Wellington Regional Winter Wellness – ECC, Kōhanga, School, Aug 2026

Health New Zealand
Te Whatu Ora

Ngā Pānui o te Hāpori / Community Notices

GIVEAWAY FOR LOCAL PRIMARY SCHOOLS

WIN \$7,000 FOR YOUR SCHOOL!

\$5,000 FREE LABOUR PROVIDED BY COWLEY.

\$2,000 MATERIALS DONATED BY CARTERS.

SCAN TO ENTER!

ONE LUCKY PRIMARY SCHOOL WILL RECEIVE A \$7,000+ TOTAL PRIZE PACKAGE. This can be used towards a larger project if the winning school chooses. T & C's apply.

SUPPORTING LOCAL SCHOOLS ACROSS THE WELLINGTON REGION

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AUGUST 2026

FRIDAY LIBRARY CLUB EVENTS

- 07 FRI** | **CUTE CRITTERS**--MAKE YOUR OWN PIPECLEANER AND BEAD PET TO TAKE HOME
- 14 FRI** | **OUTER SPACE!**--CRACK THE CODE TO LEARN SPACE FACTS AND MAKE A GLOWING PLANET MODEL
- 21 FRI** | **TRADING CARDS**--CREATE YOUR OWN CHARACTER AND IMMORTALIZE THEM ON A UNIQUE TRADING CARD
- 28 FRI** | **NATIONAL POETRY DAY**--SEE FLYER FOR INFO

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kaitahi
Proudly presents

BURGERPALOOZA

A Burger Festival

Live Music
Family Food Quiz
Woodworking Workshops
Art Classes
Bubble Shows
Face Painting
Win a BBQ!
And more...

15 / 16 / 22 / 23 August